

WORKSHOP ON SOFT SKILLS

To make a difference by empowering the students with social skills, problem solving skills and leadership skills, APS Jammu Cantt on 19 Dec 2023 organized a session on soft skills and image formation for the benefit of the students. Ms. Monika (PGT English) welcomed the gathering and introduced to the audience the resource person Dr. Renu Gupta, Principal (Retd), APS Damana ,Educationist and certified Soft Skills Trainer. In the training program, the students were taught about soft skills and positive thinking. Soft skills are important for the students in all aspects of life as the skills help in personality development, good rapport building and improving employability. The students were given in depth lessons on the importance of first impression, self esteem, image management, body language skills and behavioural skills. The main aim was to develop confidence and sharpen interpersonal skills of the students. The program ended with vote of thanks by Ms. Puneet Kaur, Principal APS Jammu Cantt.

